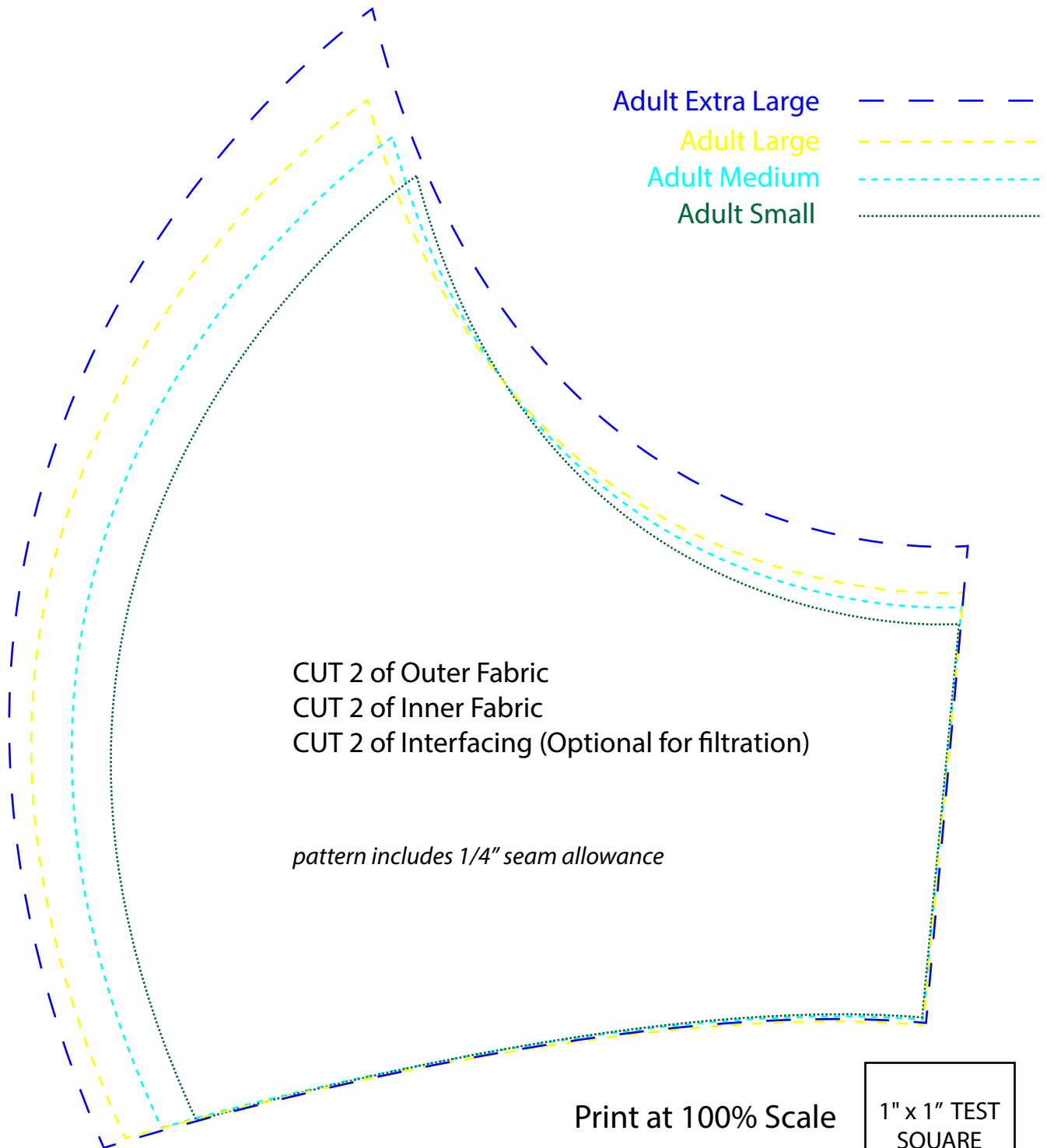


# FITTED FACE MASK PATTERN - ADULT SIZES

Instructions at [5MinutesforMom.com/FittedFaceMask](https://www.5minutesformom.com/FittedFaceMask)

This mask is NOT a replacement for N95 masks or medical grade equipment.  
5 Minutes for Mom does not guarantee effectiveness against disease.  
Use at your own discretion and risk.

NOTE: This pattern includes ADULT sizes. Visit [www.5minutesformom.com/fittedfacemask](https://www.5minutesformom.com/fittedfacemask) for CHILD pattern sizes.



Face masks should not be used on children under two years of age or on any person who is unable to remove the mask themselves or who is experiencing difficulty breathing.